



Summary Report

RUHS-Behavioral Health—Help@Hand Program has partnered with La CLAVE, and hosted its first Hybrid Event (both In-Person and Virtual via Teams Live Events platform) on Thursday, May 25th, 2023, presented by Dr. Steven Lopez. La CLAVE's mission is to inform and motivate the Latinx community to seek early treatment for Serious Mental Illness (SMI). Like other illnesses, early treatment is associated with improved recovery. Their goal is to help individuals and their families recognize the symptoms of Serious Mental Illness, specifically psychotic symptoms, as well as to obtain treatment as quickly as possible.

There are a total of 87 people attended the La CLAVE Hybrid event: 40 attended the In-Person event (46%) and 47 attended the Virtual event (54%). A post-survey was distributed in person at the event, as well as via e-mail for those who chose to attend virtually. This survey is meant to gather participants' basic demographic information, reason for attending the event, as well as to gather comments for future advertising possibility and whether the presentation was useful. Attendees were strongly encouraged to fill out the post-survey event, although it was not required.

A total of 26 post-surveys were submitted and the results are summarized on this report. It is noted that these surveys were mostly collected from in-person event attendees. From the basic demographic information collected, the majority of attendees were between the ages of 31 to 40 years old, and between the ages of 51 to 60 years old (26.9%, or 7 attendees in each category). 73.1% (n = 19) categorized as Female, and 57.8% (n = 15) indicated as Hispanic/Latinx, which met the La CLAVE's goal to inform mostly the Latinx community in regards to serious mental illness and its symptoms.





Attendees Background and Feedback on La CLAVE 's Future Advertising Location

Attendees were asked questions about the reason they signed up for the event, and what might help in advertising the La CLAVE program to the Latinx community. In regards to the question, "*What brought you here today*?", the majority of attendees who submitted the post surveys (84.8%, n = 22) selected "Other" as the reason for attending, and commented that they were either: interested to learn more about the La CLAVE Program, represented the local clinics, represented their Latinx community, Mental Health Professionals who looked for resources for their clients, interested in cultural touchpoints for people with disabilities, or employees of RUHS-BH and/or part of Help@Hand Program. The remaining 4 attendees selected that they signed up for the event due to seeking help their own family members, friends, or self.



Additionally, in regards to the question, "What do you think are the best ways for other Hispanic/Latinx people to hear about La CLAVE?", 30.8% (n = 8) selected all options for advertising the La CLAVE program, followed by equal numbers of attendees who selected "Presentation at Churches or other religious institutions" and "Presentation at Mental Health Clinics" (23.1%, or 6 attendees in each category). Attendees also noted additional locations that might help advertised La CLAVE program: Community Centers, Laundromats, Latino heavy areas (Hemet, Mecca, Coachella), Employment Locations, Sporting Events, Latino shopping centers (La Curacao, Plaza Mexico, Vallarta), Presentations at senior centers and libraries, swap meets, beauty salons, Latino markets, Radio Stations, Connect with NAMI and RUHS-BH Family Advocate Program, as well as more access to the La CLAVE presentations at different times and locations that are limited to resources.





Attendees Feedback on La CLAVE Presentation

Attendees were also asked two additional questions using Likert Scale, in regards to whether they are likely to seek help for their friend or family member if they see the SMI signs described in La CLAVE, and whether they learned useful information from the presentation. The majority of attendees who submitted post surveys (92.3%, n = 24) responded that they either "*Strongly Agreed*" or "*Agreed*" to both questions, and are summarized on graphs below:

I am likely to seek help for my friend or family member if they show the signs described in La CLAVE

STRONGLY AGREE	8	88.5%
AGREE	3.8%	
NEUTRAL		
DISAGREE		
STRONGLY DISAGREE	7.7%	N = 26

I learned useful information in today's presentation



Additional comments from attendees were also collected and listed below:

"We would be interested in having the facilitator training for our clinicians."

"Muchas gracias! Love the enthusiasm of Maria Martha!"

"As a Mental Health professional, I understand the symptoms, but the class today gave me great resources for my Spanish speaking clients/families."

"Phenomenal presentation about this program. I believe the Latino/x community of Riverside County will benefit from accessing the resources."

"Dr. Lopez is a wonderful man and presenter. Very useful information. Great resources."

"Me gustaria ver un lugar fisico donde las personas pueden educarse y recibir alluda directa de esta programa" ("I would like to see a physical place where people can educate themselves and receive direct help from this program)."

"Great start to bring awareness and opening eyes, doors, and hearts."

"Gracias! (Thank you!)"

"Thank you! This is a resource that is greatly needed! I'm excited to be able to promote this program to those we serve and outside of our societies."

"I appreciated the comments regarding the frustration of HIPAA when trying to get assistance for an adult family member with mental health needs."

"Very informative."

"The presentation was great and very informative."