



We're Here for You

Sometimes your emotional struggles are very difficult. You do not have to face them alone!

TakemyHand is an anonymous, Live Peer Chat Service that gives you a safe place to air out your thoughts and struggles with a Peer Support Specialist that cares.

Our Peers are here to remind you that you have social value and you are not alone. So, in those dark days when it seems that there is no way out, in those moments of anxiety when you think that others will not understand you, come chat with us live at TakemyHand.co

Here, a peer support specialist who has walked through their own struggles and is here to listen to you is just a few taps away.



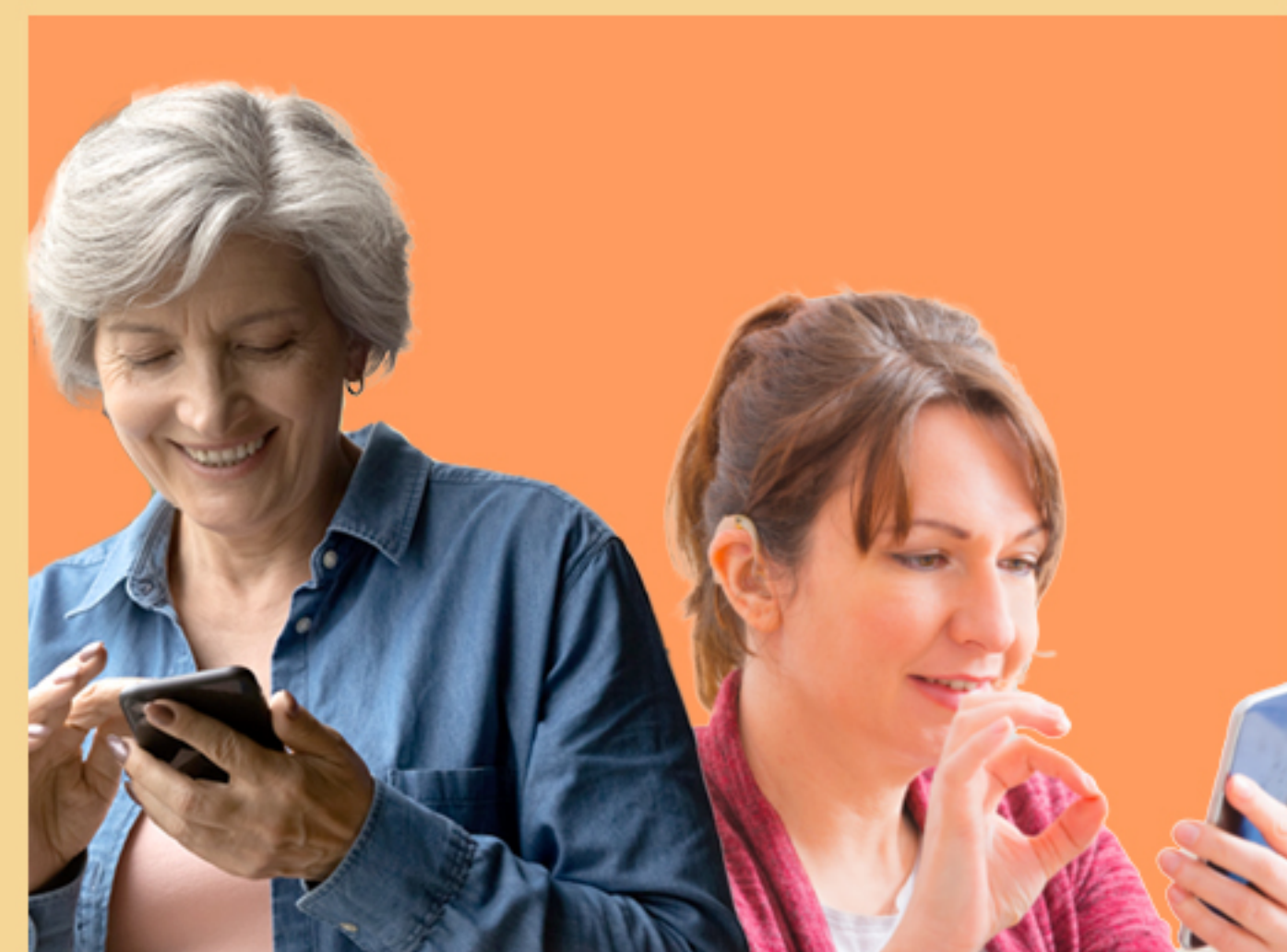
Chat online with a Peer Support Specialist for free.



1 on 1 Peer Support with real people. No bots.



Access to local resources with our online resource guide.



Visit TakemyHand.co

1. Scan the code
2. Hit the chat button
3. Connect to Peer Support



Scan to Chat